

ADULT&child

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We are committed to helping families improve their ability to deal with life stressors, communicate and support each other more effectively, while promoting, monitoring, and ensuring the safety of each child.

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Intensive Family
Preservation & Reunification
Services

Trela is proud
of her team.



especially now that they work like one.



Our Mission

To prevent the unnecessary out-of-home placement or to facilitate reunification of children through immediate, intensive, home-based intervention. We teach high-risk families new problem solving skills to prevent future crises while ensuring child safety. Safety is of paramount importance throughout the process of services.

The HOMEBUILDERS Model

The State of Indiana models IFPS/IFRS services based on the Homebuilders Program, a specific model of service developed in Washington by the Institute for Family Development (www.institutefamily.org). This evidence-based practice is the oldest and best-documented IFPS/IFRS program in the United States. The foundation of the program requires a brief, but very intense, intervention involving the entire family unit and their natural support system.

Children usually function better when they live with their family.

Intensive Family Preservation Services and Intensive Family Reunification Services were developed to prevent out-of-home placement, but are only recommended for children who can live safely with their parents while the family receives services. The programs provide time-limited, intensive services to families within the home environment to promote safety and positive family functioning.

Families are referred by Marion & Johnson County Department of Child Services and Juvenile Court and requires a minimum of 3 contacts per week averaging 10 hours per week of face-to-face service.

Requirements for program admission:

- Children are at imminent risk of removal without intensive services
- Family would not be better served by a program offering less intensive services
- Family is willing & able to participate in intensive services
- Family is willing to meet with a therapist within 24 hours of referral from DCS/Probation

Unique characteristics of IFPS/IFRS:

- Intervention at the crisis point: Families are seen within 24 hours of referral in order to immediately address crises that have led to DCS/Juvenile Court involvement.
- Services are provided in a natural setting; primarily in their home environment and community.
- Accessibility to support: Therapists are available to families 24 hours/7 days weekly. Families are given as much time as needed, when they need it.
- Intensity: Intensive services are targeted to last for 4 to 6 weeks. The program is designed to address family crises and teach new skills so family members can live together safely.
- Option for Post-Intensive Services: This option will allow families to receive continued support, ensuring their needs are met and the progress made during intensive services is maintained.
- Low case load size: Therapist hold 2 to 3 intensive cases at a time to allow for needed availability to families.
- Flexibility: Therapists meet with families in locations most convenient for them. A wide range of services can be provided, from assisting with basic needs to specific therapeutic techniques.