

ADULT&child

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Whether through
our partnership
for integrated
behavioral and
primary health care,
or our cutting
edge delivery of
the IMPACT
Model,
our staff are
dedicated to
providing person
centered
treatment in our
community.



8404 Sear Terrace
Indianapolis, IN 46227
317.893.0440

Senior Impact Program



15 year friendship
& still going strong

They've shared a lot with each other over the years.

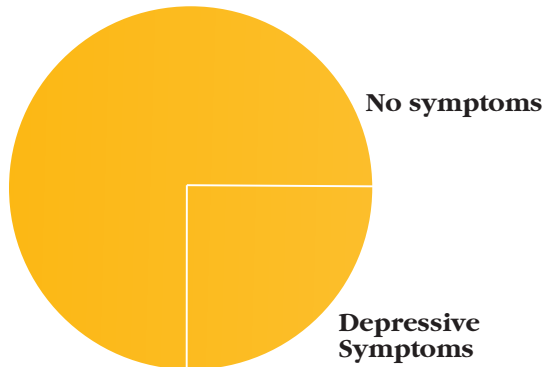


Adult and Child Center & WindRose Health Network

Adult and Child has provided quality behavioral health care services to adults and children in Marion and Johnson Counties since 1949. They are a State Certified Community Mental Health Center and serve nearly 6,000 unique individuals every year.

WindRose Health Network is a federally qualified Health Center located on the South side of Indianapolis, who has partnered with the Senior Impact Program to provide primary care services to our consumers. WindRose and the Senior Impact Program are co-located in the same building and work very closely to enhance services and improve consumer success.

An estimated 25% of Seniors suffer from depression



Community Based Services for Older Adults

The Senior Impact Program is designed to improve access to community based integrated behavioral health and primary care services to Marion and Johnson County residents over the age of 60.

Symptoms of depression are often overlooked or ignored in the older adult population, yet depression is often linked with chronic medical conditions, chronic pain, shrinking social network, or loss of mobility.

Depression is treatable.

Integrated service planning provide consumers with a complete picture.

- In-home mental health and physical health screening assessments.
- In-home, evidenced-based, counseling and medication assessments for people diagnosed with depression.
- In-home and community-based case management services, as needed.
- Primary health care linkages and ongoing coordination with providers.
- Medical services from Countyline Family Health Center.
- Linkages with other community services and assistance with transportation, as needed.

Federally Recognized Service Provider

Adult and Child Center is a proud recipient of the 2008 SAMHSA Science and Services Award for their innovative and unique implementation of evidence based behavioral health services.

Have you experienced any of these symptoms in the last few weeks?

- Depressed mood: sad, withdrawn, and tearful
- Loss of interest in activities that were once pleasurable
- Weight loss without dieting or weight gain – Increase or decrease in appetite nearly every day
- Sleeping too little, too much, or waking early and unable to go back to sleep nearly every day
- Tired or lack of energy nearly every day
- Feelings of worthlessness, excessive guilt nearly every day
- Inability to concentrate or make decisions nearly every day
- Thoughts of suicide, suicide attempt, or desire to go to sleep and never wake up

If you experience 3 or more of these symptoms, you might benefit from treatment for depression.