

ADULT&child

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Whether through
our partnership
for integrated
behavioral and
primary healthcare,
or our cutting
edge delivery of
Illness Management
and Recovery
in our Assertive
Community
Treatment teams,
Adult and Child
strives to prove best
practices, yield
better outcomes.

Adult Services

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David has learned
to appreciate the
small things.

especially time with his family.



Evidence Based Practices

Adult and Child is a leading agency in the implementation of evidence based practices in adult mental health treatment. We co-operate The ACT Center of Indiana with IUPUI, we are a 2008 SAMHSA Science to Service award winner, and we have implemented multiple EBP's including Assertive Community treatment, Illness Management and Recovery, Person Centered Planning, the IMPACT Model for depression, Dialectical Behavior Therapy, Motivation Interviewing, and many more.

Assertive Community Treatment

ACT consumers are provided a full continuum of services from a multi-disciplinary team of providers. Services are person centered, recovery focused, and integrated with community resources. ACT consumers often require the highest level of community-based care and have a history of multiple hospitalizations, law enforcement contacts, homelessness, and/or over-utilization of emergency rooms or sub-acute facilities.

Community Treatment Teams

nearly mirror the structure and delivery modality of the ACT teams, however, they are not a state certified team; which allows them to treat a broader base of mentally ill adults using the same EBP's found in ACT teams. We believe adults benefit from the structure of evidence based practices.

Branigin Sub-Acute Unit

Branigin is a structured residential environment designed to provide a supervised and safe setting for adults with serious mental illness 24 hours a day, seven days a week. Consumers have the opportunity to be active in their recovery by engaging in wellness and skills building groups as well as participating in community outings.

Pathways

Pathways is an innovative, member driven, program designed to engage adults diagnosed with a severe mental illness in leading proactive lives. Pathways provides its members opportunities to interact with the community by volunteering, working, advocating at numerous events to educate people about mental illness.

Senior Impact Program

A 2008 SAMHSA grant award winner, this program is working to improve access to appropriate mental health treatment for adults over the age of 65 in southern Marion and northern Johnson counties. Integration with the Countyline Family Health Center allows patients to receive affordable in-home and clinic based coordinated physical and behavioral health care.

Adult Intermediate Team

This program focuses on the delivery of evidence-based practices in treatment. Special, research based, treatment modalities like Dialectical Behavior Therapy (DBT), Exposure Therapy, Schema Therapy, Steps Program, and Brief Intervention may all be introduced during the treatment process.

Access Team

The single point of entry for many Adult and Child consumers, this team provides access to mental health, substance abuse, and emergency services to adults and children in central Indiana.