

ADULT&child

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We are committed to helping children and families improve their ability to deal with life stressors, communicate more effectively, and support each other more frequently.

Using a Wraparound approach to treatment we teach people to take charge of their lives.

Child & Adolescent Services

For additional information please contact any of the following offices:

Indianapolis Offices

8404 Sear Terrace Ste 100
Indianapolis, IN 46227

8320 Madison Avenue
Indianapolis, IN 46227

603 E Washington St, Ste 700
Indianapolis, IN 46204

Franklin Office

86 Drake Road
Franklin, IN 46131
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P 877-882-5122



Sarah was once known as the underdog.



Community Based Services

Adult and Child's community based services are specifically designed to coach and support families toward building a safe, nurturing, and communicative environment in which every child experiences encouragement, love, and success. Parenting is a very challenging job. Adult and Child's teams are trained to focus on family specific stressors and help families locate and use resources to eliminate, or alleviate, those challenges.

Our treatment teams operate using a delivery model focused on open and frequent communication with families and their support systems. We encourage families to build healthy support networks that last long after our teams leave the family.

School Based Services

School-Based Services provide therapy, mentoring, and case management services to identified children and families. Services are delivered heavily in school settings, but also include a substantial amount of family and community involvement.

Intensive Family Preservation and Reunification (IFPS/IFRS)

IFPS and IFRS were developed to prevent out-of-home placement, but are only recommended for children who can live safely with their parents while the family receives services. The programs provide time-limited, intensive services to families in the home environment to promote safety and positive family functioning. Families receive at least 3 contacts per week, averaging 10 hours per week of face-to-face service. The intensive phase of services lasts 4-6 weeks.

Home Based/Family Preservation

Provides comprehensive assessments, focused on the holistic needs of the family, and provides treatment aimed to maximize the strengths of each family member while developing practical treatment goals directly related to their family preservation or reunification needs.

Intermediate Team

This team provides brief interventions often as a step down from foster care. They also specialize in the delivery of Trauma Focused Cognitive Behavioral therapy; often used in the treatment of sexually abused children.

Therapeutic Foster Care

Adult and Child's therapeutic foster care program provides safe homes for children and sibling groups who are not able to safely remain in their homes, including those with special behavioral and/or medical needs. A&C's strong mental health and integrated care access provides an added value, and improved quality of care, for this very fragile population of children. **Shelter Care is also available.**

Transitional Living Program

Serves an adolescent population, ages 16-21, who are transitioning into independence. Whether through scattered site apartments, foster care, or biological homes, this program is able to provide in home and community based services including case management individual/family therapy, medication management, and 24 on call crisis support services.

Chafee Program

Allows Adult and Child to provide independent living skills training and other assistance regardless of residential placement.